



## Lunch

### Frittatas – open three egg omelettes

#### Smoked ham frittata | 6.95

Mushrooms, sun blush tomatoes, parmesan and rocket

#### Mediterranean frittata (V) | 6.95

Grilled vegetables, peppers, onions, artichoke, parmesan and rocket

#### Home smoked salmon frittata | 7.95

Mushrooms, sun blush tomatoes, chives, parmesan and rocket

## Mains

#### Moules frites | 11.95

River Exe mussels in cider, garlic and sweet chilli, with skinny fries and homemade mayo

#### Chicken Caesar salad | 11.95

Crispy breaded chicken breast, cos lettuce, grilled veg and homemade Caesar dressing

#### Tempura battered haddock | 11.95

Skinny fries, herb leaf salad, crushed spring peas, homemade tartar

#### Char-grilled 21 day hung Dartmoor rib-eye | 17.95

Skinny fries, herb leaf salad, café de Paris butter and veal jus

## Other lunch options

#### Antipasto (perfect for 2 to share) | 12.95

Cured meats with chargrilled vegetables, homemade chutney, confit garlic, leaf, and grilled ciabatta

#### Focaccia al' aglio (to share) | 8.50

Pizza-style focaccia with roasted garlic paste, parmesan & rocket

#### Soup (please ask) | 5.50

With grilled ciabatta

#### Tricolore Salad (V) | 6.95

Buffalo mozzarella, tomatoes, pesto and rocket, with grilled ciabatta

**Full pizza menu also available at lunch time**